



International Functional
Fitness Federation

International Functional Fitness Federation Membership Certification

The International Functional Fitness Federation (Hereinafter iF3) has offered and the Lithuanian Functional Fitness Federation (Hereinafter "We") has accepted full membership in the iF3 as the sole National Federation governing competitive functional fitness in Lithuania.

We recognize the iF3 as the sole competent worldwide authority governing competitive functional fitness at the international level. We agree to abide by all iF3 rules and regulations. Particularly, we agree that our constitution, bylaws, or statutes will include clauses that:

- a) refer all unresolved disputes between the ourselves and the iF3 to the Court of Arbitration for Sport (CAS); and
- b) we will have Anti-Doping Rules that comply with the World Anti-Doping Code and iF3 Anti-Doping Rules.

We promise to govern the sport within our country in an ethical, moral, and just manner. We will ensure that the athletes' best interests and the sport's best interests are kept at the forefront of our decision-making processes.

We will use best efforts to attend and send athletes to iF3 events, to stay engaged and involved in iF3 activities, and to offer representatives from our country to serve on iF3 committees.

We agree to pursue recognition as the official governing body for the sport in our country until The National Olympic Committee (NOC) and/or the Highest National Sport Authority in our country confirms this status.

Ygor Kuznecov 12/4/20
Sign Name Date

President
Title

Please Stamp Below



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